















Community Services - Health Promotion

Item	Description	Details	Size
Fruit Suits			
Apple		<p>Apple Costume:</p> <ul style="list-style-type: none"> • Apple • Stem Hat • Shirt • Pants • 2 Gloves • 2 Shoe Covers 	Adult
Banana		<p>Banana Costume:</p> <ul style="list-style-type: none"> • Banana • Shirt • Pants • 2 Gloves • 2 Shoe Covers 	Adult
Broccoli		<p>Broccoli Costume:</p> <ul style="list-style-type: none"> • Broccoli • Shirt • Pants • 2 Gloves • 2 Shoe Covers 	Adult
Carrot		<p>Carrot Costume:</p> <ul style="list-style-type: none"> • Carrot • Shirt • Pants • 2 Gloves • 2 Shoe Covers • Sunglasses 	Adult
Grape		<p>Grapes Costume:</p> <ul style="list-style-type: none"> • Grapes • Stem Hat • Shirt • Pants • 2 Gloves • 2 Shoe Covers 	Adult







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Item	Description	Details	Size
<p style="text-align: center;">Informational Boards & Displays</p>			
<p style="text-align: center;">Injury Prevention</p>		<p>Topics include the 3 leading causes of injury based on age for youth (Safe Sleep, Water Safety, Vehicle Safety).</p>	<p>Each Panel: W: 21 in. By H: 39 in.</p>
<p style="text-align: center;">Vehicle Safety - Boy 4'9"</p>		<p>Display of child reaching the 4 ft. 9 in. height requirement to sit without a booster seat.</p>	<p>5 ft.</p>
<p style="text-align: center;">Vehicle Safety - Girl 4'9"</p>		<p>Display of child reaching the 4 ft. 9 in. height requirement to sit without a booster seat.</p>	<p>5 ft.</p>
<p style="text-align: center;">Safe Sleep Crib</p>		<p>Example of a safe sleep environment for infants.</p>	<p>L: 21 in. H: 18 in.</p>
<p style="text-align: center;">5210 Stand</p>		<p>Large floor display for the Ready, Set, Go! Initiative: 5 Servings of fruits & veggies 2 Hours or less of screen time 1 Hour of physical activity 0 sugar-sweetened drinks</p>	<p>7.5 ft. Assembly Required</p>
<p style="text-align: center;">Asthma and Healthy Homes Display</p>		<p>Informational display regarding healthy home environmental topics.</p>	<p>Each Panel: W: 21 in. By H: 39 in.</p>
<p style="text-align: center;">Walking Guide</p>		<p>Informational display encouraging walking.</p>	<p>Tri-Fold Display</p>

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Item	Description	Details	Size
Healthy Activities for Kids		Informational display on staying active.	Tri-Fold Display
Fruits & Vegetable Display		Informational display promoting nutrition.	Tri-Fold Display
Understanding Your Baby Display		Informational display concerning infant care.	Tri-Fold Display
What's in Your Cup Display		Informational display regarding drink choices.	Tri-Fold Display
Healthy Families (Spanish) Display		Informational display regarding general infant health in Spanish.	Tri-Fold Display
Interactive Kits			
Water Wise Kids Kit		The Water Wise Kids Kit educates children on the importance of safety around water.	
5210 Kit		Ready, Set, Go! 5210 Kit promotes physical activity and nutrition.	

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Item	Description	Details	Size
Single Items			
Hula Hoops		Set of hula hoops varying in size. Use of physical activity events for larger motor skills.	14 Hoops 19 in. 28 in. 36 in.
Corn Hole Board		Large corn hole board with set of 4 bean bags.	2 ft. By 4 ft.
Tunnels		Set of 4 tunnels can be used separately or connected together. Recommended for younger youth (preschool-aged).	4 Tunnels 9 ft. each
Hopscotch Rug		The hopscotch rug is a quick and easy physical activity game for youth.	6.5 ft.
Parachute		Large parachute with handles for group play.	12 ft.
Badminton Sets		Standard-sized Badminton rackets and shuttlecocks.	12 sets for 2 players

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Item	Description	Details	Size
Various Sport Supplies		Items for recreational play. Items based on availability; footballs, soccer balls, volleyballs, and jump ropes.	Varies
Life Jackets to Loan		Life jackets to loan for trips to the water. Call (253) 403-1234 for an appointment.	Various (Infant to adult)

Please consider the size of items when planning transportation.

For questions contact:
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The Community Services office at Mary Bridge Children's Hospital has a variety of health promotion displays and equipment for community events. Please contact our office if you are interested in available items for your next event!

Topics:
Childhood Safety
Asthma Education & Trigger Reduction
Nutrition
Physical Activity
and more!